

## Overview of Youth Development Approaches

|                         | Intervention   | Prevention   | Positive Youth Development   | Youth in Governance   |
|-------------------------|--|--|--|---|
| <b>Overarching Goal</b> | Punish or “fix” youth for <i>having done</i> something           | Keep youth <i>from doing</i> something   | Prepare youth <i>to do</i> something   | Support youth in doing something <i>now</i>   |
| <b>Associated Terms</b> | Deterrence<br>Diversionary programs<br>Rehabilitation            | “Alternatives to...”<br>“Health” programs  | Assets<br>Supports and Opportunities<br>Developmentally appropriate activities   | Community Youth Development<br>Youth-Adult Partnerships<br>Youth Engagement<br>Youth Participation  |
| <b>Key Concepts</b>     | Deviance<br>Problem behaviors<br>Punishment                      | Prevent specific risky behaviors (may target physical, emotional, psychological, or intellectual health) | Essential elements: Belonging, Mastery, Independence, and Generosity<br>Skills development<br>Successful transition to adulthood<br>Workforce prep<br>Learning/education | Youth as resources<br>Youth voice and influence<br>Youth as decision-makers<br>Mutual benefit to youth and adults<br>Mutual respect for and by youth and adults<br>Benefits to organizations and communities<br>Short- and long-term benefits |
| <b>Where/Who</b>        | Court system<br>OJJDP<br>Law enforcement<br>Detention facilities | Schools<br>Community-Based Organizations (CBO’s)<br>Government agencies<br>Media                         | Ecological view: PYD happens in schools, communities, families, churches, and out-of-school contexts (such as 4-H)   | Can happen in programs, organizations, and communities, where youth and adults work together and share power  |
| <b>Examples</b>         | Gang diversion program   | Drop-out prevention program in schools<br>Anti-smoking campaign  | 4-H Youth Development programs and activities  | Youth serving on local, state, or national decision-making bodies<br>Youth developing, implementing, and evaluating 4-H programs and activities   |